



Frogtown Farm Culinary Education Internships 2018 (summer)

Frogtown Farm is one of the largest urban farms in the country. Located in the heart of the diverse and vibrant Frogtown neighborhood of Saint Paul, Minnesota, Frogtown Farm is a certified organic, urban demonstration farm that is a destination for those seeking learning, innovation, reflection, celebration, and authentic community. We are guided by the mission of enriching the world by cultivating soil and community in Frogtown.

Our education interns are highly valued at Frogtown Farm. Through supporting our educational programming, interns will gain nonprofit sector skills as well as knowledge about growing produce. Interns will obtain relationships that they will be able to leverage in their future career, and references from their work.

See more about us at www.frogtownfarm.org or on [Facebook](#).

Supervisor:

Stephanie Hankerson, Frogtown Farm Education Coordinator
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Short Description

Frogtown Farm is seeking interns to support our education programs that span a range of teaching activities around farming, cooking and food preservation. Culinary Education interns supports our cooking and baking demonstrations and classes for community members who come on site to Frogtown Park and Farm. These demonstrations usually coincide with classes, events or our farmers market and utilize our outdoor kitchen located on site. Interns will be integral to planning and implementing cooking and baking demos, and further during their internship, interns will also learn about non profit and farm operations. Frogtown Farm is an urban farm with a high emphasis on learning and social engagement in support of our nearby neighborhood. Interns can expect to work with a diverse group of community members.

Job Responsibilities:

The role of this intern is to be a part of a team that supports our on site cooking and baking demonstrations and classes that are tied to the farm's production of seasonal produce. Demonstrations will be for the general public who visits us at our farm site. Interns will be actively engaged in planning the curriculum goals and be assisting in recipe and skill topic selection. Interns will help prepare written materials, gather supplies, execute ingredient prep and assist in maintaining the space for hosting these sessions.

Throughout the work, interns will take home new knowledge on how to grow-your-own, cook and preserve seasonal produce as they support culinary programming. This intern will experience the necessary organizational and communications that go into this type of teaching work. During their time at Frogtown Farm, the selected intern candidate will also gain an understanding of the benefits and challenges of working in the nonprofit sector.

Specific duties may look like:

- Occasional participation in farming activities and pack/wash activities on the farm (as seasonal weather permits)
- Be a primary host support our cooking and baking workshop and classes- help determine recipes, assemble supplies, set-up kitchen and wood oven, ingredient prep of fresh produce.
- Be a primary baking or cooking instructor for our drop-in demos, showing off an ingredient or technique we have planned to teach,
- Guide serving and sampling at our demos, leading other interns in food safe handling and coaching what they teach our visitors.
- Create handouts, flyers and signs using simple desktop publishing
- Other tasks as determined, such as organizational support and organizing supplies.

(The intern's interests and skills will greatly determine the mix of these duties.)

Position Schedule

This internship will be 8-10 hours per week in the summer, more if academic program allows. Interns will schedule a regular office hour time for cooking demo preparation probably on Thursdays or Fridays. Interns also will cover cooking shifts on Saturdays from morning until afternoon. Please only apply if you have available hours during these days. A few of times per month, there will be additional evening and weekday times. A basic schedule will be set in the beginning of the season, and weekly schedule check-ins will keep interns apprised on upcoming changes per their availability. Our organization will host a large community celebration festival on a Saturday in September. Even if your internship may be finished up that time, we very much would like all interns to participate at that event so they can enjoy outcomes of their internship efforts. Work will be primarily at the farm offices, in the adjacent park where our fields are.

Requirements: Candidates need to be a culinary student, baking student or have strong food service/ kitchen work experience. Safe food handling knowledge is required. Candidates with a some amount of vegetable gardening are strongly preferred, but expert status in not needed. Also preferred are candidates comfortable with working in various types of weather and being personable with a variety of all-ages community members. The job requires periodic standing, bending, lifting, and hauling. The intern will find this job benefits from creative problem solving, and independent work skills. We prefer interns who can utilize Internet tools such as Google applications (Drive, calendar, documents, spreadsheets and gmail), and even better have done some desktop publishing (not required) We expect interns to be reliable, responsive, and have an enthusiasm to acquire new skills. We are impressed with candidates that are already familiar with Frogtown organizations, food justice issues, local resources related to community gardening/urban farming, and/or speak a second language, but these are not required. Note: In support of the adjacent community, priority is given to applicants who live close to Frogtown Farm.

Compensation

This position is an unpaid internship, though Frogtown Farm often makes merit-based stipends available to interns who are responsible, reliable and complete their learning agreements. Frogtown Farm is supportive of assisting interns in finding sponsorships and works to locate project based support to fund interns whenever possible.

Application Instructions: Please send a resume to Stephanie Hankerson, steph@frogtownfarm.org and fill out our Learning Based Staffing interest form at <http://goo.gl/forms/Xz0UnJu7Jk>. A short interview may be arranged with Frogtown Farm staff.